CARER'S ASSESSMENT:
24 HOUR DIARY

SURREY
COUNTY COUNCIL

If it is helpful, please use this page to chart your pattern of caring throughout the 24 hours. You may wish to look at weekdays and weekends separately, or look at each day of the week.

Examples:

TIME	TASKS AND ACTIVITIES
7.00 am	Mum wakes - get her up (bed wet), transfer to chair, to toilet. Strip bed, disinfect, change.
8.00 am	Daughter leaves in transport to Day Care. Wait by phone for 1 hour in case problems when she gets there.
8.00 pm - 10.00 pm	Watch TV. Can't concentrate, husband wandering, opening all cupboard doors.

TIME	TASKS AND ACTIVITIES

TIME	TASKS AND ACTIVITIES

Carers completing the form please sign below:-

NAME	SIGNATURE
Relationship to PERSON YOU CARE FOR	DATE

If you are completing the form on behalf of the carer, please sign below:

NAME OF PERSON COMPLETING FORM (if different)	SIGNATURE
Relationship to CARER	DATE