

We are

An independent charity
working with and for
Carers in Spelthorne
and employ:

- **Jacqui MacLean**
Team Leader /Parent Carers Support Worker
- **Celia MacKay**
Carers Support Worker
- **Rayner Ward**
Carers Support Worker
(A separate leaflet is available)
- **Julie Barrett**
Co-ordinator
- **Nicole Williams**
Carers Activities Co-ordinator

To receive the newsletter,
find out more or
to make an appointment
please contact:

**Team Leader /
Parent Carers Support Worker:**

Jacqui MacLean
01784 444233

or

write to:

Carers Support Spelthorne
Spelthorne Borough Council—Room 241
Knowle Green
Staines
Middlesex
TW18 1XA

**Answer phone available
24 hours**

Registered Charity No: 1061488
Data Protection No: Z5362951

**TEAM LEADER /
PARENT CARERS
SUPPORT WORKER**

JACQUI MACLEAN
01784 444233

**INDEPENDENT
INFORMATION/ADVICE
and SUPPORT
FOR PARENT CARERS**



CARERS SUPPORT SPELTHORNE

www.CarersSupportSpelthorne.co.uk
Registered Charity No. 1061488

**CARERS SUPPORT
SPELTHORNE**

Are you looking after a child/young person who:

- Has a disability
- Has special needs
- Is aged between 0 – 24



**If you answered YES
to any of the above,
then you are**

A CARER

As a parent carer you may like to:

- Know that there is someone “out there” who will listen
- Know your entitlement to benefits
- Have advice/information on “where to turn next”
- Be part of a support group
- Take advantage of training Opportunities
- Participate in external activities / outings
- Receive a regular newsletter

Carers Support Spelthorne

Can help by offering:

- Information & advice
- A listening ear
- Regular support groups
- Support for individual carers
- Advocacy
- Social activities and outings
- Training opportunities
- A regular newsletter
- Visits to carers at a mutually convenient time and place

Confidentiality is Assured