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**If you need any further information  
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**Children's Fund**

**Learning+Skills Council  
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**Surrey Young Carers is a service provided by  
Action for Carers (Surrey)  
[www.carersnet.org.uk](http://www.carersnet.org.uk)**

**Registered Charity No. 1064946**

**YOUNG  
CARERS**

**Information for  
Parents**

**Surrey Young Carers  
Schools Project**



## Who are Surrey Young Carers?

Surrey Young Carers is an independent project, which started in 1997 to support children and young people who care.

Surrey Young Carers schools workers are professionals with a wide experience of working with young people and children. We are not therapists or counsellors, but are qualified to refer on to these services should we consider it appropriate.

We are not part of Social Services or any other statutory agency.

## Why are Surrey Young Carers working in schools?

We work closely with schools because we believe that many young people who care find the school environment challenging at times. Teaching staff have little extra time available to support young people who are struggling with either the pressures of school work, relationships with their peers, or simply settling at school when there are family concerns. Surrey Young Carers works in the school helping young carers to come to terms with their situation and deal with their worries. We do this either through one to one support or group work, where young people learn to draw strength from each other.

## Who else will be involved in the process?

A member of the school staff will have made the initial referral to Surrey Young Carers. After that, any discussions between the young person and the schools worker will remain completely confidential unless the young person requests otherwise. We would however, need to inform others if we felt that the young person was at risk of significant harm from either their self or someone else.

## How long will the contact continue?

After an initial chat, the Young Carers Worker will make an agreement with the young carer to work together for a specified length of time, which will vary according to individual need. This will be reviewed when the period comes to an end.

## What happens then?

If no further work is thought to be necessary, the young carer may be able to become part of the main Surrey Young Carers Project, which provides clubs, activity breaks, outings and further support outside school.

