

# “BECAUSE CARERS COUNT”

This popular multi agency training course, delivered to over 2,600 staff across Surrey in the last 11 years, continues to provide a thought provoking insight into the difficulties carers face in looking after a family member or friend.

**This is what participants have said about previous sessions:**

*“Quality of presentations high and well thought out workshops”*

*“A really useful, informative, thought provoking and emotional day”*

*“Inspiring and courageous carers who spoke were also excellent facilitators”*

*“Carer experiences made the whole role of carers more real and valid”*

*“I feel I can take some better ideas and implement them in the workplace”*

*“Totally fulfilled my learning needs”*

## **Course content:**

- The emphasis will be on understanding the importance of carers’ needs for equality of opportunity and support, based on recent legislation.
- All the latest facts and figures about carers and the impact of caring will be discussed
- You will hear directly from carers themselves about the difficulties they face and how they would like to be supported
- You will consider how to establish effective relationships with carers and consider their viewpoint
- The services available for carers in Surrey will be examined in relation to the National and Local Strategies for Carers.

Each day is facilitated by a trainer who has worked extensively with carers, alongside two carers as joint facilitators, who will bring their own perspective to the day.

## **Who should attend?**

“Because Carers Count” is open to anyone working with carers directly or indirectly from a variety of professional backgrounds and experience:

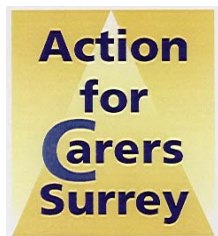
- Managers or planners of services which carers or users access may benefit from a greater insight into carers needs.
- Front line staff may wish to understand more about the difficulties for carers looking after a relative or friend in the home
- Staff more indirectly involved can gain a greater understanding of carers’ issues

## **To book a place:**

Please complete the application form and **return to the address below by email or post**. Applications **must be** returned **no later than 2 weeks** before the date of the session.

Places will be confirmed in writing by the same method.

**IMPORTANT: If you have not received a confirmation you are not eligible to attend**, so please check that your application was forwarded and then contact the Training office.



**All enquiries to:**

**Because Carers Count Training  
c/o Action for Carers & Employment (Surrey)  
Holmesdale House, 46 Croydon Road  
Reigate, Surrey RH2 ONH**

**Tel: 01883 62 62 64  
email: Training@actionforcarers.org.uk**

Registered Charity 1064946

**PLEASE PRINT CLEARLY WITH FULL CONTACT DETAILS & COMPLETE ALL SECTIONS (and keep a copy for yourself)**

**Name:**

**Job Title:**

**Organisation:**

**Address:**

**Post Code:**

**Tel:**

**Email:**

**PLEASE INDICATE BELOW WHICH SESSION YOU WISH TO ATTEND**

You need to be able to attend for the whole day. Start time is **9.45am** and finish by 4.00pm, with lunch and refreshments provided. The day is **free of charge** but as there is always a waiting list we ask that, **if you find you cannot attend after booking a place, you inform us as soon as possible**, so that your place can be reallocated, otherwise a cost is incurred by us.

Thursday <b>20<sup>th</sup> January 2011</b> Waverley Abbey, <b>Farnham</b>	<b>FULL</b>	
Tuesday <b>1<sup>st</sup> February 2011</b> Council Offices, <b>Staines</b>	Some spaces	
Thursday <b>10<sup>th</sup> February 2011</b> YMCA, <b>Guildford</b>	Some spaces	
Wednesday <b>9<sup>th</sup> March 2011</b> Princess Alice Hospice, <b>Esher</b>	Spaces	
Thursday <b>24<sup>th</sup> March 2011</b> Woodhatch Centre, <b>Reigate</b>	Spaces	

Do you have any special **dietary requirements?** (e.g. vegan, wheat/dairy allergy)

We will try to provide this but are limited by the caterers who are tied to the venues. Please contact us to confirm availability. Basic vegetarian options are always provided.

Do you have any special **access needs** to enable you to participate?

Please contact us as above to discuss details so that we can accommodate you fully.



The Princess Royal Trust  
for Carers

“....because Carers count...”

Affiliated to

**CARERS UK**