

For all Carers

This Information Pack is for anyone who is caring for someone at home or elsewhere. They may be a family member or a friend; a child, adult or older person; physically or mentally disabled or frail; chronically or terminally ill. You may be caring full-time, sharing the care with others, or the person you care for may have some degree of independence.

This Information Pack has been updated for Carers by **Carers Support Guildford** and **Carers Support Waverley**. It comprises a series of Factsheets on particular topics, which can be selected individually or as a complete pack.

- Factsheet 1 Your Rights as a Carer**
- 2C Children with Special Needs**
- 2AL Adults with a Learning Disability**
- 2AP Adults with a Physical or Sensory Impairment**
- 2MH Adults with Mental Health problems**
- 2O Older People**
- 3 Support for Carers**
- 4 Money Matters**
- 5 Getting About**
- 6 Equipment**
- 7 Legal Aspects of Caring**
- 8 Moving to Residential or Nursing Home Care**
- 9 Caring for someone who is Terminally Ill**
- 10 Holidays**

Acknowledgements

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Note: please photocopy if required. Please advise us if you should find any errors, in order that we can update the information

Produced by Carers Support Guildford and Carers Support Waverley

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