

Giving Health to Carers  
Funded by West Surrey Joint Training Strategy Group

## **'Sing Away' – The Joy of Song**



**Friday 18<sup>th</sup> June 2010  
10:00am – 3:00pm  
Godalming Baptist Church**

10:00am - Registration and Coffee

10:30am - Morning session:

**Music Quiz  
Entertainment**  
(Details to be confirmed)

12:30pm - Lunch

1:30pm - Afternoon Session:

**We will be joined in the afternoon by a group of people who specialise in 'singing therapy'. We will have the opportunity to sing a variety of songs along with the pianist, hear some poetry and have a 'laughter therapy' session. FUN FOR ALL!!!**

3:00pm - Close

**Lunch and refreshments will be provided!**

Please contact the office to reserve a place and let us know whether you require transport and/or need help with care cover.